

Medical Update for Dejuana Armstrong DOB: 12/30/1981

Date Order Created: 10/16/2025

Order ID: 1150/13145

Agency Assigned Id: 18180

Certification Period: 10/05/2025 to 12/02/2025

HomeCentris Healthcare LLC 217058
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Orders:

10/16/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
M1400

10/16/2025 patient_goal: add patient-stated goal, Target Date: 12/02/2025, Pt wants to be able to walk 100%, Target Date: 12/02/2025,

10/16/2025 procedure: assist with bathing, Notes: , assist with toilet transferring, Notes: , assist with toileting hygiene, Notes: , assist with transferring, Notes: , assist with mobility, Notes: , assist with feeding/eating, Notes: , assist with seizure precautions prn, Notes: , assist with infection control, Notes: , assist with fall prevention, Notes: , assist with assistive devices prn, Notes: , assist with O2 safety, Notes: , assist with lower body dressing, Notes: , assist with upper body dressing, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

10/16/2025 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 12/02/2025, related medication(s) purpose and schedule, Target Date: 12/02/2025, symptoms requiring physician notification, Target Date: 12/02/2025, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 12/02/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 12/02/2025, therapeutic exercises, Target Date: 12/02/2025, therapeutic modalities, Target Date: 12/02/2025, equipment training, Target Date: 12/02/2025, work simplification/energy conservation, Target Date: 12/02/2025, related medication(s) purpose and schedule, Target Date: 12/02/2025, symptoms requiring physician notification, Target Date: 12/02/2025,

10/16/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy

* recalls related medication(s) purpose, schedule, Target Date: 12/02/2025, Oral Hygiene - 06.

Independent, Target Date: 12/02/2025, Lower Body Dressing - 06. Independent, Target Date:

12/02/2025, Shower/Bathe Self - 06. Independent, Target Date: 12/02/2025, Toileting Hygiene - 06.

Independent, Target Date: 12/02/2025, Don/Doff Footwear - 06. Independent, Target Date:

12/02/2025, Eating - 06. Independent, Target Date: 12/02/2025,

10/16/2025 discharge_plan: add discharge plan, Target Date: 12/02/2025, family/caregiver will be responsible for managing treatment, Target Date: 12/02/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 10/16/2025