

Medical Update for Janet Schlegl DOB: 03/30/1942

Date Order Created: 10/15/2025

Order ID: 1150/13121

Agency Assigned Id: 17750

Certification Period: 09/25/2025 to 11/22/2025

HomeCentris Healthcare LLC 217058
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Orders:

10/15/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
Pain Effect on Sleep
Pain Interference with ADLs
M1400 - Dyspnea

10/15/2025 patient_goal: Return PLOF, Target Date: 11/22/2025,

10/15/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: ,

10/15/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 11/22/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 11/22/2025, therapeutic exercises, Target Date: 11/22/2025, therapeutic modalities, Target Date: 11/22/2025, equipment training, Target Date: 11/22/2025, work simplification/energy conservation, Target Date: 11/22/2025, related medication(s) purpose and schedule, Target Date: 11/22/2025, symptoms requiring physician notification, Target Date: 11/22/2025,

10/15/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, Oral Hygiene - 06. Independent, Target Date: 11/22/2025, Lower Body Dressing - 06. Independent, Target Date: 11/22/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Toileting Hygiene - 06. Independent, Target Date: 11/22/2025, Don/Doff Footwear - 06. Independent, Target Date: 11/22/2025, Eating - 06. Independent, Target Date: 11/22/2025,

10/15/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 11/22/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 10/15/2025