Home Health Certification and Plan of Care

Order ID: 1150/12457

1. Patient s HI claim No.	2. Start Of Care Date	3. Certification Period	4. Medical Record No.	5. Provider No.
611287921	09/20/2025	From: 09/20/2025 To: 11/18/2025	17577	217058

6. Patient's Name and Address

Randy Noonan
2010 Royal Fern Court,
BEL AIR, MD 21015-
667-272-3201

7. Provider's Name, Address and Telephone Number

HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
410-321-8448
1487113239

8. DOB 02/14/1952 **9.Sex** Male

11. ICD	Principal Diagnosis	Date
Z48.812	Encntr for surgical aftcr following surgery on the circ sys	09/20/25

13. ICD	Other Pertinent Diagnoses	Date
I11.0	Hypertensive heart disease with heart failure	09/20/25
I50.21	Acute systolic (congestive) heart failure	09/20/25
E11.9	Type 2 diabetes mellitus without complications	09/20/25
I25.10	Athscl heart disease of native coronary artery w/o ang pctrs	09/20/25
N17.9	Acute kidney failure unspecified	09/20/25
E78.5	Hyperlipidemia unspecified	09/20/25
F32.A	Depression unspecified	09/20/25
E87.1	Hypo-osmolality and hyponatremia	09/20/25
K21.9	Gastro-esophageal reflux disease without esophagitis	09/20/25
Z79.82	Long term (current) use of aspirin	09/20/25
Z79.02	Long term (current) use of antithrombotics/antiplatelets	09/20/25
Z79.84	Long term (current) use of oral hypoglycemic drugs	09/20/25
Z95.1	Presence of aortocoronary bypass graft	09/20/25
Z86.73	Prsnl hx of TIA (TIA) and cereb infrc w/o resid deficits	09/20/25

10. Medications: Dose/Frequency/Route (N)ew (C)hanged

Jardiance - Empagliflozin 25 mg Oral Tab,take 0.5 tablets by mouth in the morning
Glucophage - Metformin Hydrochloride 1,000 mg Oral Tab,Take 1 tablet by mouth twice a day times a day with meals
Plavix - Clopidogrel Bisulfate 75 mg Oral Tab,Take 1 tablet by mouth as necessary daily
Pepcid - Famotidine 20 mg Oral Tab,Take 1 tablet by mouth as necessary daily
Toprol-Xl - Metoprolol Succinate 25 mg Oral 24hr SR Tab,Take 1 tablet by mouth as necessary daily
Neurontin - Gabapentin 300 mg Oral Cap,Take 1 capsule by mouth every 8 hours
Cozaar - Losartan Potassium 25 mg Oral Tab,Take 2 tablets by mouth as necessary daily
Lipitor - Atorvastatin Calcium 80 mg Oral Tab,Take 1 tablet by mouth as necessary daily for cholesterol to prevent heart attack and stroke
Aspirin - Aspirin 81 mg Oral TBEC DR Tab,1 po by mouth as necessary daily
Demadex - Torsemide 20 mg 2 tables 40mg by mouth once a day fluid retention

14. DME and Supplies:

cane, hospital bed, walker

15. Safety Measures:

walker precautions, bleeding precautions, fall precautions, bathroom safety, cardiac precautions, standard precautions, supervision at all times, ambulates with device, ambulates with assistance, activity supervision

16. Nutrition:

low cholesterol, low sodium, cardiac diet

17. Allergies:

amlodipine besylate hydrochlorothiazide omeprazole

18.A. Functional Limitations

Endurance

18.B. Activities Permitted

Walker, Up As Tolerated

19. Mental & Pyschosocial Status: COGNITION: 0. Alert/ oriented, able to focus and shift attention, comprehends and recalls task directions independently., ANXIETY: 0. Never, SOCIAL ISOLATION: 0. Never, BEHAVIORAL ISSUES: 7. None of the above behaviors demonstrated, HISTORY OF DEPRESSION: No

20. Prognosis: good

22. A Rehabilitation Potential:

SELF-CARE: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities., MOBILITY: 2. Needed Some Help - Patient needed partial assistance from another person to complete any activities.

22.B.Discharge Plans

patient will be responsible for managing treatment

Homebound status: Due to diagnosis of Encounter for surgical aftercare following surgery on the circulatory system, the patient is experiencing decreased endurance and mobility, increasing the likelihood of falls. To safely leave their home, the patient needs assistance from another person and an assistive mobility device.

Clinical Condition Requiring Homecare:

The patient is a 73-year-old male with a history of hypertensive heart disease with heart failure, acute systolic congestive heart failure, type 2 diabetes mellitus, coronary artery disease, hyperlipidemia, depression, gastroesophageal reflux disease, and prior CABG with stent placement. He is currently recovering post-CABG and stent placement, with an intact chest incision measuring approximately 14 cm, though a small opening with bleeding was noted at the top of the incision. The patient denies chest pain and shortness of breath but reports occasional extremity spasms. He uses assistive devices for ambulation to ensure safety and fall prevention, and experiences mild lower extremity swelling which improves with elevation. The patient remains alert and oriented, lives alone but is currently staying with his daughter for recovery, and is scheduled for follow-up visits with cardiology and cardiac surgery. Lab work has been ordered, and wound care, daily weight monitoring, hydration, and medication education have been emphasized. Physical therapy, occupational therapy, and home health aide services have been arranged to support his rehabilitation. Additionally, the patient exhibits general weakness, low back pain, unsteady gait, and bilateral pedal edema, leading to easy fatigue and the need for assistance with transfers and ambulation using a rolling walker. He was educated on fall prevention, safe walker use, and energy conservation techniques. The patient demonstrated home exercise tolerance, including long arc quadriceps sets, straight leg raises, lower extremity abduction and adduction, and heel/toe raises, completing 10 repetitions twice daily. Overall, the patient is progressing with recovery but requires continued support and monitoring to optimize functional status and prevent complications.<o:p></o:p> <o:p> </o:p> Date of Order<o:p></o:p> 09/20/2025
 Order<o:p></o:p> Physician Face-to-Face Date: 09/16/2025
 Clinical Condition Requiring Home Care per Certifying Physician: SN disease management, PT eval and treat, OT eval and treat DX: Encounter for surgical aftercare following surgery on the circulatory system
 Homebound Status per Certifying Physician: patient requires another person or medical equipment such as crutches, a walker, or a wheelchair to leave home<o:p></o:p>
 1 - SOC - SN Notes:
 PT Eval Notes:<o:p></o:p> Physician: Levine , Robert

SN Careplans

SN Goals

23. Signature and Date of Verbal SOC Where Applicable:

Electronically Signed by Messick, Charles SN RN on 09/20/2025

25. Date HHA Received Signed POT

24. Physician's Name and Address

Robert Levine
2391 Greenspring Drive
Timonium, MD 21093
PHONE: 410-847-3000 FAX: 18554160980 NPI: 1417274432

26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan.

F2F date : 09/16/2025

27. Attending Physician's Signature and Date Signed : Date of physician last face-to-face

28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws.

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SN WK1: 1 (09/20/25-09/20/25) ,WK2: 1 (09/21/25-09/27/25) ,WK3: 2 (09/28/25-10/04/25) ,WK4: 1 (10/05/25-10/11/25) ,WK5: 1 (10/12/25-10/18/25) ,WK6: 1 (10/19/25-10/25/25)

PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 95 > 100.5, heart rate < 50 > 110, respiratory rate < 8 > 22, blood pressure systolic < 90 > 169, blood pressure diastolic < 60 > 90, O2 saturation < 88 > 100, pain < 0 > 5

CAREGIVER: 1. Non-agency caregiver(s) currently provide assistance

HOSPITALIZATION RISKS: 7. Currently taking 5 or more medications

STANDING ORDERS: infection control: hygiene, proper hand washing; advance directive: plan if patient is unable to make healthcare decisions ; fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn; emergency preparedness: plan for prn evacuation, resumption of home health visits; Skin Preservation: Measures to prevent skin breakdown; pressure relief, incontinence care, nutrition, hydration ; Pain: Pain management measures; pain medication, rest, body alignment, ROM, meditation, massage ; Medications: Medication actions, uses, frequency, dose, interactions of all new/change meds
Advance Directive:No Advance Directive

PROBLEMS IDENTIFIED ON ASSESSMENT: M2102d - Caregiver Performs Treatment, M2102f - Patient Supervision, M2020 - Oral Med Management, meal preparation, M1400 - Dyspnea, swelling in the arms/legs, abn cholesterol > 200 mg/dL, abnormal blood pressure, abnormal BS < 70/140 > mg/dL, frequent urination, increased urine output, swelling of affected area, limited strength, limited endurance, Pain Interference with Therapy activities, balance deficit, Pain Interference with ADLs, Pain Effect on Sleep, swell/redness surround. skin, #1 - Observable Surgical Wound - Anterior Midline -

PROCEDURES: Medication Review- : Medications reviewed with patient/caregiver. , cough/deep breathing exercises, incentive spirometer, apply anti-embolitic stockings, train caregiver(s) to perform medical/rehabilitation treatments, physician-ordered wound care: clean incision site with warm water and soap pat dry. Daily., monitor intake & output, coordinate/arrange for adequate patient supervision, coordinate/arrange preparation of missing meals, venipuncture: weekly for two weeks blood draws for CBC, hepatic function test and magnesium, chem7. Drop off at KP MOB/AUC for processing. Next draw due 9/23/25

TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage cardiac condition including symptom management diet changes regular exercise getting enough sleep, related medication(s) purpose, schedule, * how to take the patient's blood pressure record the reading, related medication(s) purpose, schedule, * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * lifestyle modifications to manage peripheral vascular condition including how to apply compression stockings physical exercise plan diet, related medication(s) purpose, schedule, * low cholesterol dietary guidelines, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, * how to incorporate lifestyle modifications to optimize renal condition including renal-specific diet exercise monitoring of blood pressure blood sugar home, related medication(s) purpose, schedule remedies, * how to achieve wound healing including cleaning and dressing wound position changes skin care diet modification record wound measurements, related medication(s) purpose, schedule, * diabetic medication management blood sugar testing diabetic foot care exercise diabetic diet, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule, patient is adequately supervised, meal preparation is available to patient for all meals, caregiver performs medical/rehabilitation treatments with adequate competence

PATIENT-STATED GOAL: go back home

GOALS
patient/caregiver recalls
* lifestyle modifications to manage cardiac condition including symptom management
* diet changes
* regular exercise
* getting enough sleep
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* low cholesterol dietary guidelines
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* lifestyle modifications to manage peripheral vascular condition including how to apply compression stockings
* physical exercise plan
* diet
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to incorporate lifestyle modifications to optimize renal condition including renal-specific diet
* exercise
* monitoring of blood pressure
* blood sugar
* home
* recalls related medication(s) purpose, schedule remedies

patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to achieve wound healing including cleaning and dressing wound
* position changes
* skin care
* diet modification
* record wound measurements
* recalls related medication(s) purpose, schedule

patient self-administers medications as prescribed
* recalls related medication(s) purpose, schedule

patient is adequately supervised

caregiver performs medical/rehabilitation treatments with adequate competence

patient/caregiver recalls
* how to take the patient's blood pressure
* record the reading
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* diabetic medication management
* blood sugar testing
* diabetic foot care
* exercise
* diabetic diet
* recalls related medication(s) purpose, schedule

meal preparation is available to patient for all meals

PT Careplans	PT Goals

Signature of Physician:	Date
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Optional Name/Signature of Nurse/Therapist:	Date
Electronically Signed by Messick, Charles SN RN	09/20/2025

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PT WK1: 10 (09/20/25-09/20/25)

PROBLEMS IDENTIFIED ON ASSESSMENT: Pain Interference with ADLs, M1400 Dyspnea, GG0170F1 - Toilet Transfer, GG0170D1 - Sit to Stand, GG0170E1 - Chair to Bed to Chair, GG0170G1 - Car Transfer, GG0170I1 - Walk 10 Feet, GG0170J1 - Walk 50 ft with 2 Turns, GG0170K1 - Walk 150 Feet, GG0170L1 - Walk 10 ft on Uneven Surface, GG0170M1 - 1 - Step (curb), GG0170N1 - 4 Steps, GG0170O1 - 12 Steps, GG0170P1 - Picking Up Object

PROCEDURES: Medication Review: The medication was reviewed with patient ., Home exercises: Slr, le abd/add, long arc , marching, and heel raises --10x2 reps , Home exercises: Slr, le abd/add, long arc , marching, and heel raises --10x2 reps

TEACH PATIENT/CAREGIVER: * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule

PATIENT-STATED GOAL: To get strong and go back to his own

GOALS
patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule

Signature of Physician:	Date
	PAGE 3 of 3
Optional Name/Signature of Nurse/Therapist:	Date
Electronically Signed by Messick, Charles SN RN	09/20/2025