

Medical Update for Georgia Becote DOB: 11/08/1937

Date Order Created: 08/06/2025

Order ID: 1150/11021

Agency Assigned Id: 15311

Certification Period: 07/20/2025 to 09/17/2025

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

08/06/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs
M1400

08/06/2025 standing_order: infection control: hygiene, proper hand washing, Target Date: 09/17/2025, advance directive: plan if patient is unable to make healthcare decisions , Target Date: 09/17/2025, fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn, Target Date: 09/17/2025, emergency preparedness: plan for prn evacuation, resumption of home health visits, Target Date: 09/17/2025, Assess the patient's incision on post op day 7 and the nurse or physical therapist will remove aquacel dressing leaving OTA; if incision is draining educate pt/pcg on cleaning with normal saline and covering with dry gauze daily and as needed.

Assess the pt's incision and on post op day 12-14 the nurse or physical therapist will remove the patient's staples and leave OTA., Assess/Instruct Pt/Pcg: Ice to ____ x 20 minutes each hour while awake. If cold machine ordered apply 20 minutes on and 20 minutes off for 3-4 times a day.

Assess/Instruct all body systems/vital signs/complications, Blood Pressure; systolic is greater than 169 mm Hg or less than 90 mm Hg; diastolic is greater than 100 mm Hg or less than 55 mm Hg, Clinician to assess comorbidities and report changes in condition to the patient's physician, Pain Rating is greater than 6 on 0-10 scale, Pulse is greater than 110 or less than 50, Respirations are greater than 22 or less than 8, SPO2: is less than 90 % at rest /with exertion, Temperature is greater than 100.5 F or less than 95.0 F, Pain Rating is greater than 6 on 0-10 scale

Implement Fall Prevention Program, Instruct and educate the patient/PCG on wearing compression stockings for the next 4 weeks per discharge instructions.

Instruct the pt/PCG on using the incentive spirometer 10 times every 2 hour while awake.

Provide education content at patient's level of health literacy.

Assess/Instruct Pt/Pcg: Safety measures to prevent injury.

Assess: Musculoskeletal status.

Teach Pt/Pcg to maintain appropriate wt bearing status as ordered by MD, total joint replacement precautions as applicable, Safe stair climbing skills, Safe, effective use of adaptive/assist device

Assess/Instruct Pt/Pcg: Pain management measures; assess pain level, pain medication, rest, body alignment, ROM, meditation, massage.

Pt/Pcg educated in pain management techniques including positioning and relaxation techniques

Instruct Pt/Pcg: Medication actions, uses, frequency, dose, side effects, interactions of all new/change meds, Provide medication education.,

Assess/Instruct Pt/Pcg: Safety measures to prevent injury, Therapeutic Exercise, Transfer Training

Monitor surgical wound for s/s of infection, educate on s/s of concern and infection prevention to promote wound healing.

, Target Date: 09/17/2025, Skin Preservation: Measures to prevent skin breakdown; pressure relief, incontinence care, nutrition, hydration , Target Date: 09/17/2025, Pain: Pain management measures; pain medication, rest, body alignment, ROM, meditation, massage , Target Date: 09/17/2025, Medications: Medication actions, uses, frequency, dose, interactions of all new/change meds , Target Date: 09/17/2025, infection control: hygiene, proper hand washing, Target Date: 09/17/2025, advance directive: plan if patient is unable to make healthcare decisions , Target Date: 09/17/2025, fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn, Target Date: 09/17/2025, emergency preparedness: plan for prn evacuation, resumption of home health visits, Target Date: 09/17/2025, Assess the patient's incision on post op day 7 and the nurse or physical therapist will remove aquacel dressing leaving OTA; if incision is draining educate pt/pcg on cleaning with normal saline and covering with dry gauze daily and as needed. Assess the pt's incision and on post op day 12-14 the nurse or physical therapist will remove the patient's staples and leave OTA., Assess/Instruct Pt/Pcg: Ice to ____ x 20 minutes each hour while awake. If cold machine ordered apply 20 minutes on and 20 minutes off for 3-4 times a day. Assess/Instruct all body systems/vital signs/complications, Blood Pressure; systolic is greater than 169 mm Hg or less than 90 mm Hg; diastolic is greater than 100 mm Hg or less than 55 mm Hg, Clinician to assess comorbidities and report changes in condition to the patient's physician, Pain Rating is greater than 6 on 0-10 scale, Pulse is greater than 110 or less than 50, Respirations are greater than 22 or less than 8, SPO2: is less than 90 % at rest /with exertion, Temperature is greater than 100.5 F or less than 95.0 F, Pain Rating is greater than 6 on 0-10 scale Implement Fall Prevention Program, Instruct and educate the patient/PCG on wearing compression stockings for the next 4 weeks per discharge instructions. Instruct the pt/PCG on using the incentive spirometer 10 times every 2 hour while awake. Provide education content at patient's level of health literacy. Assess/Instruct Pt/Pcg: Safety measures to prevent injury. Assess: Musculoskeletal status. Teach Pt/Pcg to maintain appropriate wt bearing status as ordered by MD, total joint replacement precautions as applicable, Safe stair climbing skills, Safe, effective use of adaptive/assist device Assess/Instruct Pt/Pcg: Pain management measures; assess pain level, pain medication, rest, body alignment, ROM, meditation, massage. Pt/Pcg educated in pain management techniques including positioning and relaxation techniques Instruct Pt/Pcg: Medication actions, uses, frequency, dose, side effects, interactions of all new/change meds, Provide medication education,. Assess/Instruct Pt/Pcg: Safety measures to prevent injury, Therapeutic Exercise, Transfer Training Monitor surgical wound for s/s of infection, educate on s/s of concern and infection prevention to promote wound healing.

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08/06/2025 patient_goal: Go to the senior center, Target Date: 09/17/2025, add patient-stated goal, Target Date: 09/17/2025,

08/06/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

08/06/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 09/17/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/17/2025, therapeutic exercises, Target Date: 09/17/2025, therapeutic modalities, Target Date: 09/17/2025, equipment training, Target Date: 09/17/2025, work simplification/energy conservation, Target Date: 09/17/2025, related medication(s) purpose and schedule, Target Date: 09/17/2025, symptoms requiring physician notification, Target Date: 09/17/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 09/17/2025, related medication(s) purpose and schedule, Target Date: 09/17/2025, symptoms requiring physician notification, Target Date: 09/17/2025,

08/06/2025 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 09/17/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 09/17/2025, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 09/17/2025, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/17/2025, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 09/17/2025, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 09/17/2025, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 09/17/2025, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 09/17/2025, Eating - 05. Setup or clean-up assistance, Target Date: 09/17/2025,

08/06/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 09/17/2025, add discharge plan, Target Date: 09/17/2025,

08/06/2025 Medications: Raloxifene Hydrochloride - Raloxifene Hydrochloride 60mg by mouth once a day Take 1 tab (60mg) by mouth, every day for Osteoporosis

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/16/2025