

Medical Update for Annrose Beck DOB: 01/08/1951

Date Order Created: 09/12/2025

Order ID: 1150/12044

Agency Assigned Id: 16272

Certification Period: 09/04/2025 to 11/01/2025

*HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX*

Orders:

Therapy plan of treatment

PT 1w1

OT 1w1 Patient declined further services

09/12/2025 Problems : GG0170I1 - Walk 10 Feet

M1400 Dyspnea

Pain Interference with ADLs

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0130B1 - Oral Hygiene

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

09/12/2025 patient_goal: To walk with out assistance, Target Date: 11/01/2025,

09/12/2025 procedure: cough/deep breathing exercises, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Medication Review, Notes: The medication was reviewed with the patient , Home exercises, Notes: SLR, LE ABD?ADD, LONG ARC , MARCHING ---10X2 REPS ,

09/12/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 11/01/2025, therapeutic exercises, Target Date: 11/01/2025, therapeutic modalities, Target Date: 11/01/2025, balance training, Target Date: 11/01/2025, equipment training, Target Date: 11/01/2025, gait training, Target Date: 11/01/2025, transfer training, Target Date: 11/01/2025,

09/12/2025 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 11/01/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 11/01/2025, Sit to Stand - 06. Independent, Target Date: 11/01/2025, Chair to Bed to Chair - 06. Independent, Target Date: 11/01/2025, Toilet Transfer - 06. Independent, Target Date: 11/01/2025, Car Transfer - 06. Independent, Target Date: 11/01/2025, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 11/01/2025, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 11/01/2025, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 11/01/2025, Walk 10 ft on Uneven Surface - 04. Supervision or touching, Target Date: 11/01/2025, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 11/01/2025, 4 Steps - 04. Supervision or touching assistance, Target Date: 11/01/2025, 12 Steps - 04. Supervision or touching assistance, Target Date: 11/01/2025, Picking Up Object - 04. Supervision or touching assistance, Target Date: 11/01/2025,

09/12/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 11/01/2025,

Joseph Angelo
208 Plumtree Rd

208 Plumtree Rd, MD 21015
Tele:410-588-5681 FAX: 14105885682

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/15/2025