

Medical Update for Wardell Stewart DOB: 02/23/1965

Date Order Created: 07/24/2025

Order ID: 1150/10628

Agency Assigned Id: 14387

Certification Period: 06/30/2025 to 08/28/2025

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of SN skill Total Visits: 6 and Visit Freq: 6

07/23/2025 Problems : obesity (NU)
swell/redness surround. skin (SK)
open sores/lesions (SK)
bleeding/discharge at site (SK)
abnormal blood pressure (CR)
balance deficit (NR)
decreased muscle strength lower body (MS)
muscle weakness (MS)
limited strength (MS)
limited endurance (MS)
D0150 - Depression (BH)
difficulty sleeping (BH)
Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs

07/24/2025 standing_order: infection control: hygiene, proper hand washing, Target Date: 08/28/2025, advance directive: plan if patient is unable to make healthcare decisions , Target Date: 08/28/2025, fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn, Target Date: 08/28/2025, emergency preparedness: plan for prn evacuation, resumption of home health visits, Target Date: 08/28/2025, Assess the patient's incision on post op day 7 and the nurse or physical therapist will remove aquacel dressing leaving OTA; if incision is draining educate pt/pcg on cleaning with normal saline and covering with dry gauze daily and as needed.
Assess the pt's incision and on post op day 12-14 the nurse or physical therapist will remove the patient's staples and leave OTA., Assess/Instruct Pt/Pcg: Ice to ____ x 20 minutes each hour while awake. If cold machine ordered apply 20 minutes on and 20 minutes off for 3-4 times a day.
Assess/Instruct all body systems/vital signs/complications, Blood Pressure; systolic is greater than 169 mm Hg or less than 90 mm Hg; diastolic is greater than 100 mm Hg or less than 55 mm Hg, Clinician to assess comorbidities and report changes in condition to the patient's physician, Pain Rating is greater than 6 on 0-10 scale, Pulse is greater than 110 or less than 50, Respirations are greater than 22 or less than 8, SPO2: is less than 90 % at rest /with exertion, Temperature is greater than 100.5 F or less than 95.0 F, Pain Rating is greater than 6 on 0-10 scale
Implement Fall Prevention Program, Instruct and educate the patient/PCG on wearing compression stockings for the next 4 weeks per discharge instructions.
Instruct the pt/PCG on using the incentive spirometer 10 times every 2 hour while awake.
Provide education content at patient's level of health literacy.
Assess/Instruct Pt/Pcg: Safety measures to prevent injury.
Assess: Musculoskeletal status.
Teach Pt/Pcg to maintain appropriate wt bearing status as ordered by MD, total joint replacement precautions as applicable, Safe stair climbing skills, Safe, effective use of adaptive/assist device
Assess/Instruct Pt/Pcg: Pain management measures; assess pain level, pain medication, rest, body alignment, ROM, meditation, massage.

*Pt/Pcg educated in pain management techniques including positioning and relaxation techniques
Instruct Pt/Pcg: Medication actions, uses, frequency, dose, side effects, interactions of all new/change
meds, Provide medication education,.
Assess/Instruct Pt/Pcg: Safety measures to prevent injury, Therapeutic Exercise, Transfer Training
Monitor surgical wound for s/s of infection, educate on s/s of concern and infection prevention to
promote wound healing.*

*, Target Date: 08/28/2025, Skin Preservation: Measures to prevent skin breakdown; pressure relief,
incontinence care, nutrition, hydration , Target Date: 08/28/2025, Pain: Pain management measures;
pain medication, rest, body alignment, ROM, meditation, massage , Target Date: 08/28/2025,
Medications: Medication actions, uses, frequency, dose, interactions of all new/change meds , Target
Date: 08/28/2025,*

07/24/2025 patient_goal: add patient-stated goal, Target Date: 08/28/2025,

*07/24/2025 teach: how to maintain a diary to monitor effective and non-effective pain relief including
documenting time of pain, rating, precipitating events, medications, treatments, and what works best
to relieve pain, teach relaxation skills and diversional activities, Target Date: 08/28/2025, related
medication(s) purpose and schedule, Target Date: 08/28/2025, symptoms requiring physician
notification, Target Date: 08/28/2025,*

07/24/2025 goal: patient/caregiver recalls

** how to maintain a diary to monitor effective and non-effective pain relief including documenting time
of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain*

** teach relaxation skills and diversional activities*

** recalls related medication(s) purpose, schedule, Target Date: 08/28/2025,*

07/24/2025 discharge_plan: add discharge plan, Target Date: 08/28/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 09/04/2025