

HomeCentris Healthcare LLC memo...

Patient: Yvonne Miller
DOB: 11/04/1949

Subject: Discharge Summary - OT

Submitted By: Leslie Jeffrey

Date: 08/06/2025

Agency Rep: Leslie Jeffrey **Rep Phone:** 410-321-8448

Memo:

Admitted on: 06/28/2025

Emergency Contact: Damien, 443-468-1426

Diagnoses:

Hypertensive heart disease with heart failure (I11.0), Unspecified diastolic (congestive) heart failure (I50.30), Type 2 diabetes mellitus without complications (E11.9), Pain in right knee (M25.561), Other chronic pain (G89.29), Unspecified atrial fibrillation (I48.91), Obstructive sleep apnea (adult) (pediatric) (G47.33), Depression, unspecified (F32.A), Hyperlipidemia, unspecified (E78.5), Long term (current) use of anticoagulants (Z79.01)

Medications:

Acetaminophen - Acetaminophen 325 mg 325 Mg, Give 2 tablet by mouth every 6 hours
Atorvastatin Calcium - Atorvastatin Calcium 10 Mg, Give 1 tablet by mouth at bedtime
Citalopram Hydrobromide - Citalopram Hydrobromide eq 10 mg base 10 Mg, Give 1 tablet by mouth once a day
Furosemide - Furosemide 40 mg 40 Mg, Give 1 tablet by mouth once a day
Gabapentin - Gabapentin 600 mg 600 Mg, Give 1 tablet by mouth three times a day
Ipratropium - Ipratropium Bromide 0.5-2.5 Mg/3ML, 1 Unit inhale inhalant every 6 hours
Lidocaine - Lidocaine 4 % Patch, Apply to right knee topical once a day
Loperamide Hydrochloride - Loperamide Hydrochloride 1 mg/5ml 1 Mg/7.5 ML, Give 15 ml by mouth every 8 hours
Metoprolol Tartrate - Metoprolol Tartrate 25 mg 25 Mg, Give 1 tablet

by mouth twice a day

Pradaxa - Dabigatran Etexilate Mesylate 150 mg 150mg; 1 cap by mouth twice a day

Vitamin D3 - Alpha-Tocopherol Acetate; Ascorbic Acid; Biotin;

Cholecalciferol; Cyanocobalamin; Dexpanthenol; Folic Acid;

Niacinamide; Pyridox 1.25 Mg(50000 UT), Give 1 capsule by mouth once a week

Services Provided:

ADL ,transfers training,assist with mobility,therapeutic exercises,work simplification/energy conservation

how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities,therapeutic exercises,therapeutic modalities,equipment training,work simplification/energy conservation,related medication(s) purpose and schedule,symptoms requiring physician notification

**Follow-up
Action:**

Patient is has reached her goals and is functioning at baseline level. Patient is setup for dressing task using compensatory strategies. Patient has demonstrated improved bilateral upper extremity muscle strength exercises to 4+/5 mmt and is independent for her home exercise program using blue theraband. Patient is setup for sit to stand transfer requiring minimal verbal cues for placement of limbs.

**Follow-up
Memo:**

This memo is for your records.